GNDO MGE® PLUS exerciser





- Easy-to-use grips allow for unlimited exercise options
- Each exerciser contains both large and small grips. Use small grips as anchors or for finger exercises
- Wrap around hands and feet to perform high-impact upper and lower body exercises
- Woven exerciser contains no latex, no scent, and no powder coating
- · Can be washed and dried
- Easily change resistance by moving 1 grip (loop) up or down the exerciser, or using a different resistance
- Progressively exercise with 8 color-coded resistance levels available in the Preferred Colors® sequence
- Available in 9-grip (6 ft. exercisers) and 135-grip (30 yd. dispenser rolls) equivalent to (15) 6 ft. exercisers





6 foot exerciser (9 grips)

30 yard roll (135 grips); cut roll to create a custom sized exerciser



				6 foot exerciser, 9 grips	
	tan		xx-light	10-6590	
	yellow		x-light	10-6591	
	red		light	10-6592	
	green		medium	10-6593	
	blue		heavy	10-6594	
	black		x-heavy	10-6595	
	silver		xx-heavy	10-6596	
	gold		xxx-heavy	10-6597	
yel	red grn blu	blk	set of 5 (1 ea)	10-6598	

30 yard roll, 135 grips, 15 exercisers						
10-6760						
10-6761						
10-6762						
10-6763						
10-6764						
10-6765						
10-6766						
10-6767						
10-6768						









PEP pack® (3-piece set of 6 foot exercisers)								
yellow	red	green	easy	set of 3 (1 ea)	10-6585			
green	blue	black	moderate	set of 3 (1 ea)	10-6586			
black	silver	gold	challenging	set of 3 (1 ea)	10-6587			



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