



# AXIS F T S

## AXIS FREE TRAINER S

Multiple Position Chin Up/  
Suspension Trainer Anchor

Universal Device Holder with  
QR Code for Exercise Videos

21 Numbered Height  
Settings per Column

Integrated Accessory Storage  
*Standard Accessories include:  
Short Bar, Long Bar, Tricep Rope,  
Ankle Strap, and Two Strap Handles*

Height Adjustable Dual  
Swiveling Pulleys

Two 150 or 200 lb Weight Stacks  
with .5:1 Weight Ratio

Floor Mounting Plates  
with Rubber Feet

Optional Full Length Curved  
Steel Weight Stack Enclosures

Optional Accessory Storage



Scan/Click for  
360 View



## Scannable QR Code for Exercise Videos



*Click Image to See Available Videos*



*\*Shown with Optional AXIS F.I.D. Bench*

# — AXIS Free Trainer S Custom Options —



## AFTS Base Unit

Choose between:  
150 lb or 200 lb  
solid steel weight stacks.



## Optional\* Weight Stack Enclosures

Full length curved steel  
weight stack enclosures.  
Gloss black with laser cut logo.



## Optional\* Accessory Storage

Accessory storage has two exercise  
ball rings, two storage pegs, and  
a multi-purpose shelf.



Weight :

AFTS150 Base Unit: 619 lbs  
AFTS200 Base Unit: 719 lbs  
Stack Enclosures: 44 lbs  
Accessory Storage: 77 lbs

