

Digi-Flex® exerciser

industry standard for 25 years!
works fingers individually

- upper and lower spring design allows more flexibility for all hand motions
- develops isolated finger strength, flexibility and coordination
- for rehabilitation of carpal tunnel, arthritis, stroke, fractures, tendon injury, nerve lacerations, tennis elbow and more
- comes with exercise pamphlet
- now available in 8 strength levels!

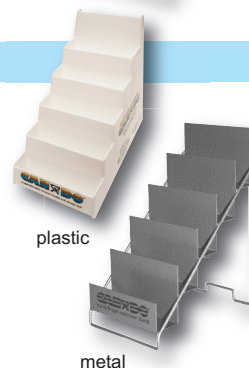


**force to compress
finger / hand (lb)**

tan	xx-light	.75 / 2.5	10-0751	20.00
yellow	x-light	1.5 / 5.0	10-0740	20.00
red	light	3.0 / 10.0	10-0741	20.00
green	medium	5.0 / 16.0	10-0742	20.00
blue	heavy	7.0 / 23.0	10-0743	20.00
black	x-heavy	9.0 / 31.0	10-0744	20.00
silver	xx-heavy	11.0 / 36.0	10-0752	20.00
gold	xxx-heavy	13.0 / 43.0	10-0753	20.00
yel red grn blu blk	set of 5 (1 ea)		10-0745	95.00
yel red grn blu blk	set with plastic stand		10-0746	112.50
yel red grn blu blk	set with metal stand		10-0749	132.50
tan yel red grn blu blk sil gld	set of 8 (1 ea)		10-0758	150.00
tan yel red grn blu blk sil gld	set with 2 metal stands		10-0759	227.50

display / storage rack

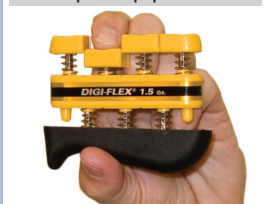
- holds up to 5 units of:
Digi-Flex®, Digi-Flex® Lite®,
Digi-Flex® Multi®, Via™,
VariGrip®, Pro™, Digi-Extend®
and Digi-Flex® Thumb™



plastic stand only	10-0747	20.00
metal stand only	10-0750	40.00

some exercises for the Digi-Flex®, Lite®, Multi™ and Thumb™ exercisers

tip-to-tip pinch



hook position



trigger pinch



gross grasp



key pinch



fingertip flexion

