

pedal exercisers

CANDo®

exercise



CanDo® deluxe folding pedal exercisers

- folds for easy storage and transportation
- use for upper- and lower-body pedaling exercises
- adjustable resistance
- durable metal frame
- bi-directional
- non-skid feet
- adjustable hand/foot straps

deluxe folding pedal exercisers



10-0718 folding pedal exerciser 40.00

deluxe digital folding pedal exerciser

- digital counter keeps track of exercise performed: time, calories burned, distance traveled and scan mode



10-0712 digital folding exerciser 50.00



folded



ready for use



digital display

CanDo® pedal exercisers



use for legs



use for arms

shown on Dycem® non-slip pads (sold separately on page 199)

- portable bi-directional upper- and lower-body pedaling
- wide leg spread and rubber non-marring feet keep exerciser stable
- use wraparound adjustable straps to secure feet or arms
- adjust resistance by turning tension knob clockwise towards "High" to increase difficulty or counter clockwise towards "Low" to reduce difficulty



adjustable resistance knob

CanDo® pedal exerciser with handle

- removable handle provides added stability while using the pedal exerciser
- can be used as upper- or lower-body exerciser
- four anti-slip rubber pads prevent sliding and protect floor
- safe and gentle form of low impact exercise
- stimulates circulation
- ideal for toning leg muscles
- tension can be adjusted



10-0710 one piece construction 35.00
10-0711 KD (knocked down, 3 piece construction) 30.00

10-0713 exerciser w/ handle 70.00