

## balance pads

exercise



### CanDo® balance pad

- closed-cell foam provides excellent elasticity and energy absorption
- coarse surface for traction on bottom and top surfaces
- sanitized coating resists sweat and saliva and protects against microbes and odors
- 16"L x 20"W x 2½"H



plush foam



32-1500B	pad (ea)	52.50
32-1500B-10	pad (10 ea)	497.50

### CanDo® progressive instability pads

- each 20" progressive molded foam balance pad has a different level of "give" and offers a different vestibular "challenge"
- yellow is the most stable (easiest), and black is the most unstable (most challenging) surface
- pads can also be used as core-strengthening vestibular seating cushions



underside

topside

			each		2 each
yellow	x-easy	30-2161	50.00	30-2161-2	95.00
red	easy	30-2162	50.00	30-2162-2	95.00
green	moderate	30-2163	50.00	30-2163-2	95.00
blue	hard	30-2164	50.00	30-2164-2	95.00
black	x-hard	30-2165	50.00	30-2165-2	95.00
yel red gm blu blk	set	30-2166	237.50	30-2166-2	450.00

### Thera-Band® stability trainer

- used to improve balance, postural stability, proprioception and coordination
- unsteady surface challenges body to maintain posture and balance
- softer pad provides more vestibular challenge

foam		
30-2131	green, firm	35.00
30-2131-2	green (2 ea)	67.50
30-2130	blue, soft	35.00
30-2130-2	blue (2 ea)	67.50

inflatable		
30-2132	black, x-soft	52.50
30-2132-2	black (2 ea)	100.00



### CanDo® low impact aerobic pad

- designed to be the most effective and functional pad for low impact aerobic exercises and group classes
- both top and bottom surfaces are textured for non-slip, secure footing
- pads measure 20" in diameter, extra thick 2½" depth

colors do not indicate resistance; for personal choice

		each		case (10 pads)
yellow	30-2120Y	45.00	30-2120Y-10	427.50
red	30-2120R	45.00	30-2120R-10	427.50
green	30-2120G	45.00	30-2120G-10	427.50
blue	30-2120B	45.00	30-2120B-10	427.50
black	30-2120BLK	45.00	30-2120BLK-10	427.50



### Airex® balance pads

- balance pads for vestibular training and exercises
- the difficulty level can be increased by stacking pads

#### balance pad 16" x 20"

30-1910	2¼" thick (ea)	75.00
30-1910-20	20 per case	1,425.00

#### balance pad plus w/non-slip backing

30-1915	2¼" thick (ea)	87.50
30-1915-20	20 per case	1,690.00

#### XL balance pad 16" x 40"

30-1908	2½" thick (ea)	165.00
30-1908-10	10 per case	1,610.00



### Airex® balance beam

- 64" soft foam trapezoidal beams can be positioned wide-side down (9½") for greater stability or narrow-side down (4½") for a greater vestibular challenge
- for core conditioning, rehabilitation, gait and balance



30-1913	balance beam (ea)	165.00
30-1913-10	case of 10	1,610.00