balance trainers

MoveMor[™] LBT

ercise



Lower Body Trainer (LBT) provides multidirectional resistance to



340.00

110.00

increase strength, mobility and to improve function of ankles, knees and hips

- safe and easy to use just sit down, strap feet in and get moving
- perfect for long-term care fall prevention programs and group activities
- progressive color-coded tubing provides exercise resistance
- comes with 30+ exercise guide

10-0636 MoveMor™ LBT



CanDo® economy wobble board

14" diameter wobble board slip-resistant surface perfect for at home use

10-1745 economy wobble board 15.00



- 2-in-1 board (rocker and wobble) improves balance and stimulates muscles
- 4" center ball is for aggressive training, 3" ball for beginner

rectangula	ar board 15"L x 17"W				
10-1716	with 4" ball	87.50			
10-1717	with 3" and 4" balls	92.50			
circular board 16" diameter					
10-1715	with 3" and 4" balls	90.00			



18" square rocker board

- rocking on board stimulates balance control and vestibular responses
- wooden boards are covered with carpeting
- use reclining, kneeling, sitting or standing

rocl	ker board	60"L x 30"W x 12"H		
	32-2020	side-to-side	235.00	
,	32-2021	forward/back	245.00	
, la	32-2022	combination	315.00	
rocker board 18"L x 18"W x 5"H				

32-2023 combination 1	20.00

Chango[®] balance paws



attach ball to feet

use while

walking/

standing for

balance and proprioceptive training

attach ball to hands for strengthening of shoulders and back muscles

10-1710	advanced 2" (pair)	47.50
10-1711	beginner 11/2" (pair)	47.50



- square rocker board has beveled bottom for single plane of motion
- circular wobble boards have adjustable ball
- balance poles are optional

square (rocker board) 10-1104 easy 20"

circle (wobble board)					
10-1128	medium 10-15°, 20"	90.00			
10-1129	advanced 15-20°, 16"	80.00			
10-1132	set of 3 boards	340.00			
10-1133	2 poles (pair) 51" with self standing 9" bases, lightweight	90.00			

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