

## balance trainers

### CanDo® core trainer dome

- inflatable dome on rigid base can be used flat-side up or down
- 21" diameter
- complete with pump, resistance tubing and instructional DVD
- economic alternative to Bosu® balance trainer

30-1902 dome 100.00



**NEW**

### CanDo® donut balls

- shape offers benefits of an exercise ball including core strength and balance improvement
- rounded shape offers unique balance challenge for core strengthening
- requires inflation (pump not included)



		cm	in	
		dia x h	dia x h	
30-1951	yellow	45 x 25	17.7 x 9.8	12.50
30-1952	orange	55 x 30	21.7 x 11.8	17.50
30-1953	green	65 x 35	25.6 x 13.8	22.50
30-1954	red	75 x 40	29.5 x 15.7	27.50
30-1955	blue	85 x 45	33.5 x 17.7	32.50

**NEW**

### CanDo® wobble ball



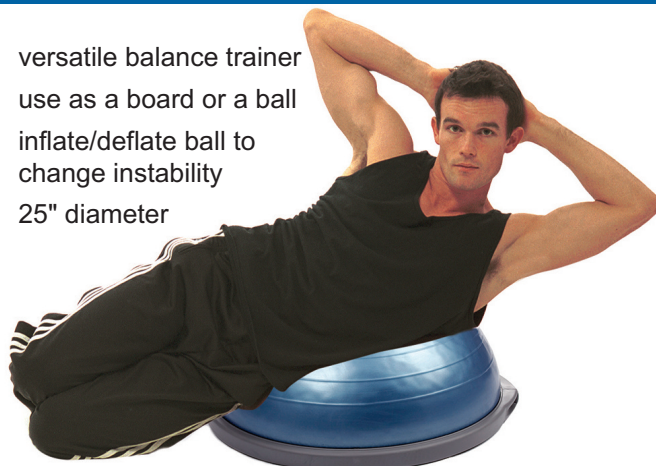
- perfect for balance and vestibular stimulation
- can be used with dome or flat-side up
- use with children or adults
- features 1" lip on flat side
- 24" diameter x 8"H
- inflate or deflate to vary difficulty

30-1941 wobble ball

60.00

### Bosu® balance exerciser

- versatile balance trainer
- use as a board or a ball
- inflate/deflate ball to change instability
- 25" diameter



30-1900 exerciser with pump, plug, DVD, 120 page book and 20 page manual 162.50

30-1901 exerciser with DVD and 20 page manual 140.00

**inflation pumps on page 78**